



MEREDITH LONG

MISSION STATEMENT

With encouragement, I hope to provide a nurturing environment that inspires creative thinking, confidence, and character. It is my desire to provide students with opportunities to express their creativity and hone their raw talent in a class where they will have fun while learning lifelong tools.

WORK EXPERIENCE

Director of Performing Arts, St. Martin's Episcopal School

June 2015- present

- Design and implement theatre curriculum aligned to state and national standards for Theatre Arts in grades K through 12
- Direct full-length plays and musicals, guiding students through the creative and technical aspects of production
- Sponsor of the International Thespian Society
- Lead advisor for 7th grade. Planning retreats and outreach programs
- Directing, Project management, Event management, Stage Management: Running rehearsals, Scheduling (rehearsals, fittings, production meetings, etc.), Running/ Calling shows including basic light and sound boards, Overseeing crew as well as ASMs
- Stagecraft, Scenic Design, Properties, Stage Management Budget Management, Resume/ Portfolio Design/marketing, Photoshop, Adobe Premier, Mac, Audacity, QLab, Adobe Rush

Talented Theatre Teacher, St. Tammany Parish

August 2005-June 2015

- Write and implement Individualized Education Programs (IEPs) for each student based on individual strengths and interests
- Determine methods for student assessment and write related assessment materials
- Scenic Production: Scenic Construction, Scenic Painting, Props
- Theatrical makeup: latex, prosthetics, gel, Blood FX,
- Costume: Sewing, Patterning, Crafts
- Teaching: Shop Safety, Stagecraft, Scenic Design, Properties, Stage Management
- Design and implement theatre curriculum aligned to state and national standards for Theatre Arts in grades K through 7

Disney Cruise Line- Mainstage singer and officer

2000-2001

EDUCATION

Shenandoah Conservatory BFA Music Theatre

ACTING: HAL HERMAN (music theatre), LINDE HAYNE (Stanislavski method) Aretha Sills, KATHY HENDRICKSON (SPOLIN), CHRISTINA DEROSIER (MEISNER), LANCE NICHOLS (FILM)

Yale Cabaret - Faith Prince, Tovah Feldshuh, Jason Graae, Alex Rybeck

Viola Spolin training

with Kathy Hendrickson. Aretha Sills and Christina Derosier

CONTACT

PHONE

504-495-4115

EMAIL

meredithleelong@gmail.com

AWARDS

- Big Easy Award- 2008 Best Actress
- Innovative Teacher of the Year- 2016
- The Gordon Reische Outstanding Teacher Award 2018

Professional Memberships

- Member Actors Equity Association since 1997
- Member of the Screen Actors Guild since 2022

Website

www.themeredithlong.com